

Points of Interest

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February 14th is not only Valentine's day, but the Chinese New Year! What do we have to look forward to as we enter the year of the Tiger?

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In many asian cultures, tiger represents courage, power, passion and royalty.

The year of the Tiger is traditionally associated with massive changes and social upheaval. Therefore, 2010 is very likely to be a volatile one both on the world scene, as well as on a personal level.



Tigers who thrive on chance and unpredictability are best suited to navigating the many upheavals predicted in the year ahead. Those compatible with the Tiger — the Dragon and the Horse in particular — may also find 2010's erratic circumstances inspiring them to ever bolder action, and ultimate success.

Those born under other signs will suffer, by degree, depending on how flexible they are to change. Those who can keep a steady hand on the helm may be shaken, but undeterred by the typically thunderous events foreseen in any Tiger year.

I'm back in the office after the birth of our baby girl - Quinn! I'm enjoying being back to work and helping you all to feel your best in 2010!

**Do you have a question about Chinese medicine you'd like to see answered here?
Send your questions to Becca@ThriveAcupuncture.org and see
the answer featured in upcoming newsletters!**

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